



Results -	Lundy -	7 Pages
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Position	Number	Name	Lastname	Race	Gender	Category	Finish	Club
L	10	Graham	BALE	Lundy	Male	MV50	01:43:37.5	Plymstock Road
	211	Paul	STEVENS	Lundy	Male	MV40	01:44:54.6	St Austell Runni
	34	Max	BYRNE	Lundy	Male	М	01:46:15.1	
+	206	Julian	SMITH	Lundy	Male	М	01:49:12.6	Torbay Tri Club
	193	Hamish	RUDRAM	Lundy	Male	М	01:49:30.1	Witham Runner
	35	Rhys	BYRNE	Lundy	Male	М	01:50:36.8	
1	70	Kat	ENTWHISTLE	Lundy	Female	F	01:50:48.3	Bristol and Wes
	140	Harry	LEWTHWAITE	Lundy	Male	MV40	01:52:18.1	
	194	Mark	RUSH	Lundy	Male	MV40	01:53:18.6	
0	249	Ed	ZEALLEY	Lundy	Male	М	01:59:03.4	
1	92	Josh	HARRIS	Lundy	Male	MV50	01:59:28.8	Lonely Goat rc
2	182	Chris	POWELL	Lundy	Male	MV50	02:01:02.3	South West Ro
3	200	Matt	SIMS	Lundy	Male	MV40	02:01:25.8	Stratford Upon
4	252	Dean	GILLON	Lundy	Male	М	02:01:42.5	56 CDO RE
5	134	Steve	LAW	Lundy	Male	MV40	02:01:45.7	Helston Trail R
6	50	Daniel	CONSTABLE	Lundy	Male	М	02:02:25.2	
7	48	Simon	COLE	Lundy	Male	MV50	02:02:36.1	Shrewsbury AC
8	217	Ian	THOMAS	Lundy	Male	MV50	02:04:58.8	Dartmouth AAC
9	6	Mark	ALDERMAN	Lundy	Male	MV50	02:05:32.6	
0	233	Flin	WATSON	Lundy	Male	М	02:06:05.7	
1	61	Thomas	DAVIS	Lundy	Male	М	02:07:02.9	
2	236	Callum	WESCOTT	Lundy	Male	М	02:07:13.2	
3	253	Robert	TATE	Lundy	Male	М	02:07:58.6	56 CDO RE
4	85	Rob	GOODING	Lundy	Male	М	02:08:10.7	
5	197	Olivia	SELBY	Lundy	Female	FV40	02:08:19.1	
6	199	Peter	SHIRVINGTON	Lundy	Male	MV40	02:08:25.1	BADRAT
7	1	Tadie	ABEKI	Lundy	Male	MV40	02:08:28.1	Knowsley Harri
8	229	Matt	WALMSLEY	Lundy	Male	М	02:10:38.8	South West Ro
9	51	Richard	COOPER	Lundy	Male	MV40	02:11:44.1	
0	77	Susan	FOURIE	Lundy	Female	FV40	02:12:03.9	





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31	7	Hugh	APPERLEY	Lundy	Male	MV60	02:13:58.1	Fremington Trail
32	38	Steven	CARTER	Lundy	Male	MV40	02:14:08.9	Plymouth Harrie
33	198	Rory	SHANKS	Lundy	Male	M	02:14:09.3	Heath Street Ha
34	129	Timothy	КҮТЕ	Lundy	Male	MV50	02:14:33.0	
35	251	Rob	KNOX	Lundy	Male	М	02:14:35.3	56 CDO RE
36	82	Warwick	GOOCH	Lundy	Male	MV40	02:14:40.5	Trail Running As
37	75	Richard	FOSTER	Lundy	Male	MV40	02:15:21.6	Launceston Road
38	76	Victoria	FOSTER	Lundy	Female	FV40	02:15:22.0	Launceston Road
39	142	Roy	LINDEN	Lundy	Male	MV40	02:15:37.6	Devon & Cornwa
40	156	Mark	MINSHALL	Lundy	Male	М	02:15:39.3	
41	127	Gabe	KNOTT-FAYLE	Lundy	Male	М	02:15:51.7	
42	239	Ian	WILD	Lundy	Male	MV40	02:16:12.3	Wootton Road R
43	149	Jon	MALYN	Lundy	Male	М	02:16:25.9	
14	203	Beki	SINGER	Lundy	Female	F	02:17:34.0	Minehead RC
45	204	Harry	SINGER	Lundy	Male	MV40	02:17:34.5	
46	32	Tim	BUMBY	Lundy	Male	MV40	02:17:36.3	
47	99	David	HIGGIE	Lundy	Male	М	02:18:04.2	South West Roa
18	79	Jon	GIBBONS	Lundy	Male	MV40	02:18:51.1	Just Jog Bidefor
19	143	Duncan	LIVESEY	Lundy	Male	М	02:19:23.0	
50	154	Mark	MENZIES-CONAC	Lundy	Male	М	02:20:36.1	
51	102	Rachel	HOLLINS	Lundy	Female	FV40	02:21:01.2	Chester Triathlo
52	138	Michael	LEMMY	Lundy	Male	MV50	02:21:01.2	
53	216	Tim	SYNGE	Lundy	Male	MV50	02:22:15.3	Westbury Harrie
54	201	Andy	SINCLAIR	Lundy	Male	MV50	02:22:49.5	Askern & District
55	164	Matthew	OLCZAK	Lundy	Male	MV40	02:23:11.1	Greenbow Runn
56	110	Richard	JACKSON	Lundy	Male	MV40	02:23:58.0	Axe Valley Runn
57	213	Ryan	STRZELECKI	Lundy	Male	М	02:24:14.0	
58	22	Glenn	BREED	Lundy	Male	MV40	02:24:27.3	Ware Joggers
59	180	Justin	POCKNELL	Lundy	Male	MV50	02:24:42.5	Caerleon Runnin
60	250	Arye	SAMSON	Lundy	Male	M	02:26:05.4	





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61	66	Ryan	DUPLOCK	Lundy	Male	M	02:27:04.9	
62	72	James	FARTHING	Lundy	Male	MV40	02:27:35.9	YDYR
63	119	Clive	KENT	Lundy	Male	MV40	02:27:50.0	Wreake Runners
64	165	Russ	ORAM	Lundy	Male	MV40	02:28:35.9	BROCK TROTTE
65	170	Armin	PALMER	Lundy	Male	MV50	02:28:51.2	East Cornwall H
66	126	Kate	KNILL	Lundy	Female	FV40	02:29:16.0	(no club)
67	42	Neil	CHANCHLANI	Lundy	Male	М	02:29:55.0	
68	103	Billie-Jo	HOPLEY	Lundy	Female	F	02:30:27.6	Burnham On Se
69	5	Dave	ALDERMAN	Lundy	Male	MV50	02:30:42.5	(no club)
70	17	Jonathan	BOLLAND	Lundy	Male	М	02:31:24.7	-Individual-
71	18	Steve	BOLLAND	Lundy	Male	MV50	02:31:27.4	-Individual-
72	207	Martin	SMITH	Lundy	Male	MV50	02:31:35.0	YDYR
73	64	Charles	DREWETT	Lundy	Male	M	02:32:56.4	
74	83	Shelley	GOOCH-SMITH	Lundy	Female	FV40	02:33:08.7	Chineham Park
75	41	Rebecca	CAWLEY	Lundy	Female	F	02:35:00.7	(no club)
76	191	Steven	ROBERTS	Lundy	Male	MV40	02:36:59.9	Plymouth Coast
77	96	Gabrielle	HEWS	Lundy	Female	FV40	02:37:56.9	
78	135	Kelly	LAWRENCE	Lundy	Female	FV40	02:37:57.2	
79	121	Nick	KERNAHAN	Lundy	Male	MV70	02:39:12.3	Torrington AAC
80	248	Rick	YEO	Lundy	Male	MV50	02:39:34.5	
81	114	Harriet	JOHNSONDEELE	Lundy	Female	F	02:39:49.1	Bad Boy Runnin
82	60	Sarah	DAVIES	Lundy	Female	FV50	02:39:57.5	Orcs
83	208	Philip	SMITH	Lundy	Male	М	02:41:05.7	Southville Runn
84	55	Paul	COX	Lundy	Male	MV40	02:42:14.1	Frampton Cotte
85	175	Julian	PAYNE	Lundy	Male	MV60	02:42:17.1	
86	100	Mark	HITCHCOCK	Lundy	Male	M	02:43:43.0	
37	144	Martin	LONGHURST	Lundy	Male	MV50	02:44:12.0	
88	63	Martin	DENHAM	Lundy	Male	MV50	02:45:14.8	
89	237	Susie	WHEATON	Lundy	Female	FV40	02:45:17.4	
90	244	Elizabeth	WILTON	Lundy	Female	FV50	02:45:51.3	





Position	Number	Name	Lastname	Race	Gender	Category	Finish	Club
91	254	Patrick	RENNISON	Lundy	Male	MV60	02:45:58.4	Forest of Dean A
92	71	Angus	FARRELLY	Lundy	Male	MV40	02:46:04.3	Okehampton RC
93	69	Ian	EDWARDS	Lundy	Male	MV40	02:46:40.6	Norfolk Gazelles
94	57	Katie	CROOK	Lundy	Female	F	02:48:12.9	
95	23	Nigel	BREWER	Lundy	Male	MV40	02:48:56.8	
96	159	Eleanor	NEWMAN	Lundy	Female	F	02:49:50.3	
97	178	Graham	PERSSON	Lundy	Male	MV50	02:49:59.9	Just Jog Bideford
98	187	Mark	RADLEY	Lundy	Male	MV40	02:50:15.9	
99	141	Katie	LEWTHWAITE	Lundy	Female	F	02:50:27.3	
100	27	Dale	BRUTON	Lundy	Male	MV40	02:50:31.6	
101	181	Nicholas	POCOCK	Lundy	Male	MV40	02:51:51.1	Weston Athletic
102	183	Jessica	POWELL	Lundy	Female	F	02:52:36.2	
103	81	Anja	GOLLIN	Lundy	Female	F	02:52:36.2	
104	56	Ben	CROFTS	Lundy	Male	М	02:53:39.2	City Hash House
105	219	Neil	THOMAS	Lundy	Male	MV50	02:53:54.3	(no club)
106	177	Kate	PEEL	Lundy	Female	FV40	02:53:55.2	Totton RC
107	78	Michelle	GAMMIDGE	Lundy	Female	FV40	02:53:56.8	
108	124	Jane	KINGETT	Lundy	Female	FV50	02:54:22.9	
109	196	Jessica	SANDERS	Lundy	Female	F	02:54:24.4	
110	241	Lindsay	WILKES	Lundy	Female	F	02:54:41.3	
111	86	Amy	GRIFFITH	Lundy	Female	F	02:54:44.5	City Hash House
112	107	Dawn	HUGHES	Lundy	Female	FV40	02:55:03.0	Holme Pierrepor
113	168	Dave	PAINTER	Lundy	Male	MV50	02:55:03.6	
114	169	Tracey	PAINTER	Lundy	Female	FV40	02:55:05.4	
115	125	Deborah	KINNISH	Lundy	Female	FV40	02:55:17.5	
116	146	Victoria	LYLE	Lundy	Female	FV40	02:55:51.5	Arunners RC
117	109	Chris	INCE	Lundy	Male	MV40	02:56:12.2	Dulwich Park Ru
118	93	Sarah	HARRIS	Lundy	Female	FV40	02:56:18.0	Lonely Goat rc
119	153	Andrew	MASON	Lundy	Male	MV40	02:58:31.7	Wootton Road R
120	218	Jeremy	THOMAS	Lundy	Male	MV50	02:58:51.4	





Position	Number	Name	Lastname	Race	Gender	Category	Finish	Club
121	73	Roxanne	FAULKS	Lundy	Female	FV40	02:58:59.4	Burnham On Sea
122	113	Sarah	JELBERT	Lundy	Female	F	02:59:27.8	Clifton Running
123	210	Rachel	SOUTHON	Lundy	Female	FV40	03:00:00.1	-Individual-
124	148	Elizabeth	MACKENZIE	Lundy	Female	FV40	03:00:36.8	(no club)
125	14	Clare	BEVAN	Lundy	Female	FV60	03:00:46.8	
126	131	Maggie	LAMERTON	Lundy	Female	FV40	03:01:06.8	Plymouth Muske
127	46	Amy	CLEAVES	Lundy	Female	F	03:03:12.3	City Hash House
128	186	Jessica	RABBITTS	Lundy	Female	FV40	03:05:24.2	
129	185	Edward	RABBITTS	Lundy	Male	MV40	03:05:24.4	
130	172	Yelda Müge	PARSONS	Lundy	Female	FV40	03:05:53.4	Helston Trail Rui
131	190	Julie	RICHARDS	Lundy	Female	FV40	03:06:06.7	-Individual-
132	214	Abigail	SUMMERFIELD	Lundy	Female	F	03:06:08.8	Pecyn Blaidd
133	242	Fedelma	WILLIAMS-MEYE	Lundy	Female	FV40	03:06:21.8	
134	132	Lindsay	LANE	Lundy	Female	FV40	03:10:36.4	Erme Valley Hari
135	133	Richard	LANE	Lundy	Male	MV50	03:10:39.4	Erme Valley Hari
136	176	Elaine	PEARSON	Lundy	Female	FV40	03:11:42.8	
137	13	Yasemin	BECKRAM	Lundy	Female	FV40	03:11:47.7	
138	150	Andrew	MARTIN	Lundy	Male	MV40	03:11:58.9	
139	24	Chris	BROWN	Lundy	Male	MV40	03:13:11.4	Henfield Joggers
140	25	Grace	BROWN	Lundy	Female	FV40	03:13:14.4	(no club)
141	230	David	WAREHAM	Lundy	Male	MV40	03:13:40.6	
142	223	Carolin	TILL	Lundy	Female	FV40	03:13:47.8	Arunners RC
143	247	Esther	WOODDISSE	Lundy	Female	FV40	03:13:48.3	
144	95	John Paul	HEALY	Lundy	Male	MV40	03:13:52.8	East London Rur
145	246	Rachel	WOOD	Lundy	Female	FV50	03:15:17.7	Calstock Dirt Ho
146	44	Louise	CHEETHAM	Lundy	Female	F	03:17:11.0	Tamar Trail Run
147	9	Donna	BAKER	Lundy	Female	FV40	03:17:13.9	Tamar Trail Run
148	88	David	GUIEL	Lundy	Male	MV50	03:18:04.1	Arunners RC
L49	52	Angela	COPELAND	Lundy	Female	FV50	03:18:05.6	Lonely Goat rc
150	30	Kirsty	BULLEN	Lundy	Female	F	03:18:08.2	





Position	Number	Name	Lastname	Race	Gender	Category	Finish	Club
151	53	Martin	COPELAND	Lundy	Male	MV50	03:18:09.0	Lonely Goat rc
152	184	Stuart	QUEEN	Lundy	Male	MV40	03:20:06.5	Tamar Trail Run
153	224	Sarah	TIPPETT	Lundy	Female	FV40	03:20:07.6	Tamar Trail Run
154	243	Jon	WILLIAMS-MEYE	Lundy	Male	MV40	03:20:35.2	
155	39	Charlotte	CARVELL	Lundy	Female	FV40	03:20:59.2	Plymouth Muske
156	221	Ben	THORPE	Lundy	Male	MV40	03:21:26.3	
157	19	Rachael	BOUGHTON	Lundy	Female	FV40	03:22:14.0	
158	105	Jacqui	HOPPER	Lundy	Female	FV50	03:24:06.5	-Individual-
159	108	Kate	ILLMAN	Lundy	Female	FV40	03:24:06.9	-Individual-
160	49	Tim	COLLETT	Lundy	Male	MV50	03:24:20.7	(no club)
161	195	Claire	SAMBRIDGE	Lundy	Female	FV40	03:24:54.7	Holme Pierrepo
162	12	Debbie	BEARD	Lundy	Female	FV40	03:26:27.2	
.63	98	Genevieve	HICKSON	Lundy	Female	FV40	03:26:30.0	
164	222	Emily	THUBRON	Lundy	Female	FV40	03:26:30.6	
165	116	Mark P	JONES	Lundy	Male	MV50	03:29:53.2	
166	234	Andrew	WAY	Lundy	Male	MV60	03:31:01.3	Tri-Hards Gents
167	15	Joyce	BLUNDELL	Lundy	Female	FV50	03:31:15.6	Henfield Jogger
168	68	Sarah	EAVES	Lundy	Female	FV40	03:32:57.4	
169	115	Caroline	JONES	Lundy	Female	FV40	03:33:51.5	
170	226	Kerry	VENN	Lundy	Female	FV40	03:34:15.0	
.71	136	Liz	LEE	Lundy	Female	FV70	03:34:50.5	South Devon A
.72	37	Christine	CARMICHAEL	Lundy	Female	FV50	03:34:54.7	
173	174	Suzy	PAUL	Lundy	Female	FV40	03:36:37.4	
174	36	Angela	CANN	Lundy	Female	FV40	03:36:38.2	-Individual-
.75	58	Richard	CROOK	Lundy	Male	MV50	03:38:35.7	Vegetarian Cycl
.76	120	Jenny	KENT	Lundy	Female	FV40	03:39:40.2	Stilton Striders
.77	89	Leanne	HAMES	Lundy	Female	FV40	03:42:11.3	Calne Running
178	235	Raji	WEBBER	Lundy	Female	FV40	03:44:47.4	вов
.79	130	Roger	LAMB	Lundy	Male	MV50	03:45:57.8	
180	231	Simon	WARNER	Lundy	Male	MV50	03:50:34.4	Storm Plymouth





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Position	Number	Name	Lastname	Race	Gender	Category	Finish	Club	
181	220	Kerstina	THORNE	Lundy	Female	FV40	03:50:39.5	Storm Plymouth	
182	94	Jennie	HAYES	Lundy	Female	FV50	03:51:02.3	Torrington AAC	
183	118	Ann	KEEFE	Lundy	Female	FV50	03:51:05.0	City Hash House	
184	157	Sophie	MOORE	Lundy	Female	FV40	03:51:57.9		
185	87	Laura	GRIST	Lundy	Female	FV40	03:52:00.8		
186	65	Nicola	DUKES	Lundy	Female	F	03:54:29.6	Fit 2 Run	
187	20	Stephen	BOWES	Lundy	Male	MV40	03:54:30.4		
188	29	Jenny	BUCKLEY	Lundy	Female	FV40	03:55:48.4		
189	104	Paula	HOPLEY	Lundy	Female	FV60	03:56:13.2	Burnham On Sea	
190	84	Peter	GOODEY	Lundy	Male	MV50	04:10:38.8	City Hash House	
191	158	Kirsten	MUNDY	Lundy	Female	FV40	04:16:35.3	Torbay AAC	
DNF	31	Karen	BUMBY	Lundy	Female	FV40		South Devon AC	
DNF	40	Kim	CAWLEY	Lundy	Female	FV60		(no club)	
DNF	137	Kelly	LEHMANN	Lundy	Male	MV60		Oxford Tri	