



## Race The Tide 2020

### Results - 10k - 4 Pages

Position	Number	Name	Lastname	Race	Category	Start	Finish	Chip Time	Club
1	550	Bret	STEVENS	10k	M	13:42:18.0	14:34:15.3	00:51:57.3	
2	473	Joe	LANE	10k	M	13:41:48.0	14:35:14.6	00:53:26.6	Okehampton RC
3	467	Edward	JOHNSTON	10k	MV40	13:41:41.5	14:40:22.1	00:58:40.5	
4	470	Ali	KERRIDGE	10k	FV50	13:42:03.9	14:43:57.7	01:01:53.8	
5	476	James	LOWDEN	10k	M	13:47:45.5	14:51:30.3	01:03:44.7	
6	546	Stuart	WITTY	10k	MV50	13:47:14.4	14:51:04.6	01:03:50.2	
7	519	Melanie	RUNDLE	10k	FV40	13:40:50.5	14:45:05.0	01:04:14.4	
8	465	Emily	HUTCHENS	10k	F	13:42:58.8	14:47:20.5	01:04:21.6	
9	402	Robert	ASHMAN	10k	M	13:42:56.2	14:47:37.8	01:04:41.6	
10	418	Ali	CHAMPION	10k	F	13:41:25.5	14:48:05.5	01:06:40.0	
11	444	Matthew	GIBBENS	10k	M	13:43:32.3	14:50:30.6	01:06:58.3	
12	545	Mike	WILKINSON	10k	M	13:42:09.0	14:49:35.7	01:07:26.7	
13	446	Alistair	GOWING	10k	M	13:49:13.5	14:57:04.8	01:07:51.2	
14	469	Tim	JORDAN	10k	MV40	13:48:02.8	14:56:27.4	01:08:24.5	
15	518	Darren	ROUNCEFIELD	10k	MV40	13:49:52.8	14:58:49.9	01:08:57.0	
16	499	Rob	O'HAGAN	10k	M	13:47:02.8	14:56:00.3	01:08:57.4	
17	466	Jessica	HUTCHENS	10k	FV50	13:43:04.4	14:52:10.7	01:09:06.3	
18	540	Arthur	WHITTLE	10k	MV60	13:46:45.0	14:56:22.5	01:09:37.5	
19	478	Simon	MACLEOD	10k	M	13:41:45.2	14:52:29.4	01:10:44.1	Plymouth Coastal R
20	507	Jessica	PERRIS	10k	FV40	13:47:08.1	14:58:52.4	01:11:44.3	Riviera Racers
21	485	Jules	MCCOLL	10k	FV50	13:43:06.8	14:55:02.2	01:11:55.3	
22	413	Heather	BROWN	10k	F	13:42:36.0	14:54:35.3	01:11:59.3	
23	463	Patrick	HOURIGAN	10k	MV50	13:47:37.3	15:00:31.5	01:12:54.2	
24	443	Vernon	GAY	10k	MV60	13:42:39.9	14:55:59.7	01:13:19.8	
25	532	Paul	SMITH	10k	M	13:47:26.0	15:00:49.0	01:13:23.0	
26	460	Steve	HOPKINSON	10k	MV60	13:41:15.0	14:55:28.8	01:14:13.8	
27	548	Steve	WRIGHT	10k	MV50	13:47:27.5	15:02:12.1	01:14:44.6	South Devon AC
28	492	Malcolm	NELSON	10k	MV40	13:44:14.1	14:59:07.3	01:14:53.2	Riviera Racers
29	552	Keith	BOLLING	10k	MV60	13:46:53.1	15:02:38.1	01:15:44.9	
30	429	John	DOWELL	10k	MV50	13:47:11.5	15:02:59.9	01:15:48.4	



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31	403	Kate	BAKER	10k	F	13:49:17.3	15:05:20.4	01:16:03.1	PureTrail
32	417	Don	CAWThERA	10k	MV50	13:41:33.7	14:57:38.2	01:16:04.5	Sidmouth Running
33	501	Andy	PAIGE	10k	M	13:46:25.5	15:02:32.7	01:16:07.2	
34	502	Nick	PAIGE	10k	MV50	13:46:25.5	15:02:32.8	01:16:07.2	
35	422	Sarah-Jane	CLOSE	10k	FV40	13:51:14.3	15:07:47.6	01:16:33.3	
36	506	Francesca	PAYNE	10k	F	13:46:33.6	15:03:10.9	01:16:37.2	
37	479	Deb	MARRIOTT	10k	FV50	13:41:30.2	14:58:10.8	01:16:40.5	Sidmouth Running
38	556	Jake	FOX	10k	M	13:42:48.8	15:00:16.7	01:17:27.9	
39	536	Emma	THOMSON	10k	FV40	13:46:57.3	15:04:35.8	01:17:38.4	
40	433	Vicky	ENDEAN	10k	FV40	13:48:39.3	15:06:34.0	01:17:54.7	
41	404	David	BARRETT	10k	MV50	13:48:15.0	15:06:31.8	01:18:16.7	
42	414	Sean	BROWN	10k	M	13:48:36.4	15:07:07.9	01:18:31.4	
43	416	Lucie	CAST	10k	F	13:41:53.9	15:01:21.8	01:19:27.8	
44	539	Maria	WHITE	10k	F	13:49:24.7	15:08:58.0	01:19:33.3	
45	481	Brian	MARTIN	10k	MV60	13:48:11.4	15:07:50.8	01:19:39.4	Tamar Valley Hash
46	421	Laura	CLEVERLY	10k	F	13:46:51.5	15:06:33.3	01:19:41.7	
47	445	Julie	GITLIN	10k	FV50	13:48:09.2	15:08:39.4	01:20:30.2	Tamar Valley Hash
48	491	Claire	NELSON	10k	FV40	13:50:20.6	15:11:57.1	01:21:36.4	Bere Alston Trekker
49	527	Ben	SIENIEWICZ	10k	M	13:50:10.7	15:12:56.9	01:22:46.2	
50	528	Carrie	SIENIEWICZ	10k	F	13:50:09.0	15:12:56.7	01:22:47.7	
51	505	Lauren	PATTISON	10k	F	13:47:09.3	15:10:47.3	01:23:38.0	
52	515	Lucy	ROBERTS	10k	FV40	13:46:06.4	15:10:46.4	01:24:40.0	Tri-hards ladies
53	495	Kathryn	NICKSON	10k	F	13:41:57.0	15:06:57.7	01:25:00.7	
54	428	Tim	DIXON	10k	FV60	13:41:56.8	15:07:13.7	01:25:16.9	
55	555	Luke	RENDLE	10k	M	13:47:06.0	15:12:45.2	01:25:39.2	
56	453	Andy	HALL	10k	MV40	13:47:56.5	15:14:12.1	01:26:15.6	
57	538	Zoe	WEST	10k	FV40	13:47:55.0	15:14:11.5	01:26:16.5	
58	415	David	BURCHILL	10k	M	13:47:23.5	15:13:55.2	01:26:31.7	
59	432	Liz	ELLIOTT	10k	FV60	13:48:17.1	15:14:53.1	01:26:35.9	Dorchester RIOT
60	489	Lucinda	MIDDLETON	10k	FV40	13:49:04.3	15:15:44.5	01:26:40.2	



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61	517	Susannah	ROBINSON	10k	FV40	13:49:00.6	15:15:44.0	01:26:43.3	
62	498	Ali	O'HAGAN	10k	F	13:46:59.8	15:13:55.6	01:26:55.8	
63	525	Ben	SHARDLOW	10k	M	13:47:33.8	15:14:36.2	01:27:02.3	
64	523	Serena	SEARIGHT	10k	FV50	13:46:47.1	15:14:04.6	01:27:17.4	
65	434	Jenni	EVERSON	10k	FV40	13:47:22.0	15:14:52.1	01:27:30.0	Plymouth Coastal R
66	475	Jo	LEONARD-WILL	10k	FV40	13:46:42.0	15:15:04.4	01:28:22.4	
67	439	Pieter	FOKINTHER	10k	MV50	13:48:20.8	15:16:43.3	01:28:22.4	
68	420	Suzanne	CLARK	10k	FV50	13:48:20.1	15:16:44.0	01:28:23.9	
69	526	Frances	SHARDLOW	10k	F	13:47:36.0	15:16:13.6	01:28:37.5	
70	535	Viktorija	TEBBETT	10k	FV40	13:48:31.9	15:17:14.7	01:28:42.7	
71	496	Andy	NORTH	10k	MV60	13:48:56.2	15:18:00.4	01:29:04.2	Fremington Trailbla
72	547	Mark	WOTTON	10k	MV60	13:41:38.6	15:11:06.4	01:29:27.7	Teignbridge Trotter
73	497	Sue	NORTH	10k	FV50	13:48:53.0	15:18:37.9	01:29:44.9	Fremington Trailbla
74	419	Marcus	CHUTTER	10k	M	13:45:42.2	15:15:33.3	01:29:51.0	Dorchester RIOT
75	482	Amy	MASON	10k	F	13:45:41.7	15:15:36.4	01:29:54.6	Dorchester RIOT
76	438	Rob	FAULCONER	10k	MV40	13:47:52.9	15:18:10.5	01:30:17.5	
77	437	Catherine	FAULCONER	10k	FV40	13:47:50.8	15:18:10.5	01:30:19.6	
78	490	Paul	MITCHELL	10k	MV50	13:48:34.0	15:19:18.7	01:30:44.6	KPR
79	450	David	GUNN	10k	MV60	13:48:29.5	15:19:20.4	01:30:50.9	
80	541	Elizabeth	WIACEK	10k	FV50	13:48:28.0	15:22:35.0	01:34:07.0	Tiverton Womens R
81	455	Tina	HATTON	10k	FV40	13:48:42.3	15:23:19.5	01:34:37.2	KPR
82	542	Stan	WIACEK	10k	MV50	13:48:25.5	15:23:33.4	01:35:07.8	
83	412	Darren	BRIDLE	10k	MV40	13:48:59.7	15:24:41.4	01:35:41.7	
84	447	Mary	GRAVES	10k	FV40	13:47:19.3	15:23:11.9	01:35:52.5	
85	520	Alan	RYAN	10k	MV60	13:50:16.5	15:27:06.5	01:36:49.9	
86	521	Harriet	RYAN	10k	FV60	13:50:14.7	15:27:06.5	01:36:51.7	Lonely Goat RC
87	440	Susan	FREEMANTLE	10k	FV40	13:47:16.5	15:24:24.8	01:37:08.3	
88	480	Donna	MARRIOTT	10k	FV40	13:48:50.7	15:26:22.9	01:37:32.2	
89	486	Ian	MCMILLAN	10k	MV70	13:50:40.8	15:29:37.9	01:38:57.0	
90	503	Hannah	PANTRY	10k	F	13:48:48.2	15:28:40.3	01:39:52.0	



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91	<b>533</b>	Sonia	STEVENS	10k	FV40	13:48:45.4	15:28:40.3	01:39:54.8	
92	<b>516</b>	Tracey	ROBERTS	10k	FV40	13:46:37.9	15:27:18.7	01:40:40.8	Riviera Racers
93	<b>529</b>	Caroline	SMITH	10k	FV40	13:50:24.8	15:31:31.9	01:41:07.1	Crewkerne RC
94	<b>458</b>	Sue	HEYWOOD	10k	FV50	13:47:29.7	15:29:49.9	01:42:20.1	Riviera Racers
95	<b>410</b>	Jennie	BOLLING	10k	FV50	13:46:54.6	15:29:30.0	01:42:35.4	
96	<b>424</b>	Joy	COUZENS	10k	FV60	13:50:58.5	15:34:16.2	01:43:17.6	
97	<b>436</b>	Rachel	FARMER	10k	F	13:49:19.8	15:32:51.5	01:43:31.6	
98	<b>514</b>	Carys	ROBERTS	10k	F	13:46:37.3	15:31:41.6	01:45:04.2	Riviera Racers
99	<b>401</b>	Hazel	ANDREWS	10k	F	13:51:02.2	15:37:19.4	01:46:17.2	
100	<b>488</b>	Lily	METCALFE	10k	F	13:51:00.5	15:37:21.0	01:46:20.4	
101	<b>448</b>	George	GRUNDY	10k	FV40	13:47:24.1	15:34:38.1	01:47:14.0	Erme Valley Harrier
102	<b>493</b>	Anita	NEWCOMBE	10k	FV60	13:47:44.8	15:35:27.3	01:47:42.4	Riviera Racers
103	<b>406</b>	Jon	BARRY	10k	MV40	13:50:55.2	15:42:06.5	01:51:11.2	KPR
104	<b>427</b>	Paul	DARLOW	10k	MV50	13:51:09.9	15:45:23.4	01:54:13.4	PureTrail
105	<b>487</b>	Elaine	MEDWAY	10k	FV60	13:51:08.9	15:45:24.1	01:54:15.2	
106	<b>405</b>	Jill	BARRY	10k	FV50	13:50:46.9	15:45:31.2	01:54:44.2	KPR
107	<b>426</b>	Steph	CRAWFORD	10k	F	13:50:49.2	15:51:15.9	02:00:26.6	KPR
108	<b>483</b>	Julie	MATTHEWS	10k	FV60	13:50:51.8	15:52:19.6	02:01:27.8	
109	<b>441</b>	Kim	FROST	10k	FV60	13:50:38.7	15:52:19.2	02:01:40.4	
110	<b>531</b>	Mike	SMITH	10k	MV50	13:50:44.2	15:54:48.1	02:04:03.9	Weston Athletic Clu
111	<b>530</b>	Lorraine	SMITH	10k	FV50	13:50:34.4	15:54:46.6	02:04:12.2	Weston Athletic Clu