



Hameldown Hammer 7even Race Results

23/02/2020

Position	Number	Name	Lastname	Category	Club	Finish
1	422	Brett	STEVENS	M		01:01:40.2
2	421	Adam	SLATER	MV40	Bridport Runners	01:02:22.9
3	366	Mark	JEFFREYS	M	Honiton RC	01:04:40.4
4	361	Laurence	HULATT	MV40	Holbeton Harriers	01:04:56.5
5	309	Lee	BILLINGHURST	M	-Individual-	01:10:17.2
6	428	Daniel	THOMAS	M	Bridport Runners	01:10:18.6
7	427	Seb	TEGELAAR	M	(no club)	01:10:23.0
8	336	Paul	FORTY	MV40	Exeter tri club	01:11:33.3
9	330	Tim	DAFFORN	MV40	Sidmouth Running Club	01:13:16.4
10	413	Craig	ROGERSON	M		01:14:32.5
11	415	Marc	ROWLAND	MV40	(no club)	01:15:39.1
12	346	Jack	HARVEY	M		01:15:49.9
13	408	Stuart	RALPH	MV40	(no club)	01:16:15.6
14	425	Simon	STYLES	M	Plymouth Coastal Runners	01:17:46.6
15	362	Richard	HUNN	MV50	(no club)	01:19:48.0
16	373	William	KEMP	M		01:19:50.0
17	329	Natalie	CUSACK	F	Teignbridge Trotters	01:19:50.2
18	307	Jane	BEECH	FV50	N1 Tri Club	01:20:48.6
19	323	Paul	COLE	MV50	(no club)	01:20:48.8
20	371	Chris	KAY	MV40	Chagford	01:20:48.8
21	304	Cliff	BARNES	MV50		01:21:28.6
22	386	Al	MASON	MV40	-Individual-	01:21:56.0
23	426	Daniel	TAYLOR	M		01:21:56.0
24	399	Thomas	OWEN	M	HI Runners	01:23:04.9
25	326	Martin	CORTVRIEND	MV60	Prestatyn Running Club	01:23:16.6
26	382	Ian	LAMERTON	MV50		01:23:44.8
27	409	Maurice	RAYMONT	MV40	Bovey Valley Runners	01:23:55.6
28	316	Michael	BUDD	MV50	Bridport Runners	01:24:07.3
29	380	Kim	LAMBERT	FV40		01:27:24.5
30	437	Rob	WHITE	MV50	Bovey Valley Runners	01:28:13.7
31	324	Gavin	COLEMAN	MV40	Exeter tri club	01:28:44.4
32	442	Simon	WOOD	M		01:28:47.6
33	384	Sam	LOW	M		01:29:16.5
34	406	Becky	PRALL	FV40	Erme Valley Harriers	01:29:24.5
35	305	Paul	BARNES	MV50	Dreckly Lone Runners	01:30:21.0
36	369	Laura	JONES	F		01:30:34.7
37	444	Coby	CHEESEWORTH	M		01:30:39.6
38	447	Liz	HOUSEHAM	FV50		01:31:53.9
39	321	Kamella	CLOUGH	F	Mad Hatter Sports Eve	01:33:22.0
40	315	Stephen	BROWN	M		01:33:39.9
41	436	Natalie	WHITE	F		01:33:48.8
42	301	Victoria	ACKERMAN	F	Bridport Runners	01:34:15.4



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43	376	David	KING	MV50	(no club)	01:34:32.1
44	387	Gail	MAY	FV40	Storm Plymouth	01:35:00.6
45	317	Kate	BUKOWSKI	FV40		01:37:28.0
46	374	Rebecca	KENT	FV40		01:37:38.7
47	433	Francis	WAINE	M		01:37:40.6
48	400	Anna	PARSONS	F	Team H Running	01:38:00.3
49	302	Francesca	ADKINS	FV40		01:38:27.6
50	404	Andrew	PHARE	MV40		01:38:54.9
51	318	Ruth	CAMPS	FV40	Bridport Runners	01:39:34.3
52	420	Ian	SHARROCK	MV60	Torbay AAC	01:39:35.6
53	398	Skye	ONLEY	F		01:39:36.6
54	388	Christopher	MCKENNA	MV60	Unattached	01:39:48.3
55	392	Chris	MORRISSEY	MV50		01:40:00.2
56	338	Helen	FROW	FV50	(no club)	01:40:19.6
57	401	James	PEACH	MV40		01:40:47.8
58	418	Kathy	SEYMOUR	FV40	Lonely Goat RC	01:41:13.7
59	345	Rachael	HARLOND	F		01:41:15.8
60	381	Dawn	LAMERTON	FV50		01:41:26.1
61	429	Andrew	TIERNAN	MV40	(no club)	01:41:45.7
62	348	Soraya	HAWKE-PERRY	FV40	Crossfit is better than F	01:41:58.0
63	395	Claire	NELSON	FV40	Tamar Trail Runners	01:42:08.6
64	385	Annabel	MARTIN	FV40	Tamar Trail Runners	01:42:31.1
65	16	Jason	BALL	MV50	(no club)	01:43:06.4
66	435	Pete	WAYGOOD	MV60	Bovey Valley Runners	01:43:26.1
67	365	Joanna	JEFFREYS	F	(no club)	01:43:30.5
68	310	Alison	BLACKWELL	FV50		01:43:50.0
69	379	Steve	KNOWLES	MV40		01:44:56.2
70	439	Nathan	WILSON	M		01:44:56.6
71	325	Josephine	COLLINGWOOD	FV50	(no club)	01:45:42.3
72	390	Hannah	MOGFORD	F		01:48:09.1
73	337	Rose	FOULGER	F		01:48:10.3
74	419	Katherine	SHARMAN	F	Tavistock AC	01:48:10.8
75	356	George	HOLDSWORTH	MV50		01:48:26.0
76	311	Jan	BOSENCE	MV40		01:50:13.4
77	314	Hannah	BROWN	F	(no club)	01:50:14.8
78	364	Jane	JACKSON	FV60	Okehampton RC	01:50:17.5
79	334	Jenni	EVERSON	FV40	Plymouth Coastal Runn	01:50:41.1
80	443	Laura	WOODHALL	FV40		01:52:12.6
81	396	Lisa	NICKEL	FV40	Tamar Trail Runners	01:52:55.1
82	320	Louise	CHEETHAM	F	Tamar Trail Runners	01:52:55.1
83	349	Paul	HAWKINS	M		01:53:58.8
84	350	Rosanne	HAWKINS	F		01:53:59.0



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Race Results

23/02/2020

Position	Number	Name	Lastname	Category	Club	Finish
85	357	Jacqui	HOPPER	FV50	-Individual-	01:54:17.8
86	363	Kate	ILLMAN	FV40	-Individual-	01:54:18.1
87	424	Natalie	STONE	F	Lonely Goat Running C	01:54:24.0
88	327	Jessame	COULSON	F	Bridport Runners	01:56:25.6
89	389	Ian	MCMILLAN	MV70		01:56:46.5
90	397	Karen	O'BRIEN	FV50	Teignbridge Trotters	01:57:25.3
91	372	Mandy	KEMP	FV60	Looe Pioneers Running	01:57:53.0
92	375	Robert	KERNAGHAN	MV40	Looe Pioneers Running	01:57:53.0
93	367	Matt	JOLLANDS	M	(no club)	01:58:42.3
94	368	Samantha	JOLLANDS	F	(no club)	01:58:42.8
95	430	Michelle	TODD	FV50	Plymouth Harriers	02:00:52.9
96	352	Ninette	HIBBS	FV50	St Austell Running Club	02:00:58.2
97	226	Helen	TAILYOUR	FV40	Lonely Goat RC	02:02:45.0
98	331	Peter	DAVIS	MV50		02:07:23.7
99	359	Nicola	HOUSAM	FV40	Boston Community Ru	02:07:56.9
100	358	Mark	HOUSAM	MV50		02:07:57.8
101	402	Kelvin	PEARD	MV50	Lonely Goat RC	02:08:41.1
102	339	Michelle	GILSON	FV50	(no club)	02:08:41.3
103	431	Rosie	TREVAINS	F	Bodmin Women's RC	02:10:40.3
104	383	Sandra	LIDIARD	FV50	Bodmin Women's RC	02:10:40.6
105	30	Sharon	SHAPLES	FV50	Teignbridge Trotters	02:12:26.0
106	319	John	CHARLICK	MV50	Lonely Goat RC	02:15:34.2
107	423	Antonia	STOKES	F	(no club)	02:17:43.9
108	332	Caroline	EDWARDS	FV50	Bognor Regis Tone Zon	02:22:14.5
109	445	Anna	KIRKPATRICK	FV50	(no club)	02:25:16.1
110	446	Viv	BAKER	FV50	Karibu trail running clu	02:25:16.9
111	312	Beverley	BOYD	FV40	(no club)	02:25:27.7
112	416	Jaime	SALTER	FV40		02:25:28.1
113	403	Melanie	PERKIN	FV40	South West Road Runn	02:26:51.6