



# Lundy Island Race 2019

## 14th July 2019



### Lundy Island Race 2019

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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
1		1 168	Ben	LIVESEY	MV40	RAF	01:25:04.3
2		1 229	Ronnie	RICHMOND	M	Bideford AAC	01:28:25.7
3		2 209	Phil	PAYNE	M	Haywards Heath Harriers	01:41:09.0
4		2 261	Gary	SUGGATE	MV40	Bideford AAC	01:43:07.1
5		1 188	Jo	MEEK	FV40	Winchester & District AC	01:44:00.8
6		3 192	David	MONGE GARCIA	MV40	Ilfracombe Running Club	01:44:36.9
7		4 124	Jeremy	HUTCHINSON	MV40	Town & Country Harriers	01:45:25.0
8		3 8	Sam	APPLEBEE	M		01:45:44.5
9		1 243	Paul	SAWFORD	MV50	Carn Runners	01:46:00.7
10		5 57	Adam	COX	MV40	UKnetrunner.co.UK	01:48:56.3
11		6 219	Tim	PRICE	MV40	Knowle & Dorridge RC	01:49:43.1
12		4 67	Sam	DAVIS	M		01:49:53.6
13		5 176	Matthew	LUXTON	M		01:52:14.9
14		7 23	Rob	BICKEL	MV40	Caerleon Running Club	01:54:11.1
15		8 296	Mark	WILLS	MV40	(no club)	01:54:34.8
16		6 235	David	ROSSER	M	Haldon Trail Runners	01:54:45.2
17		9 113	Josh	HARRIS	MV40	Weston Athletic Club	01:54:56.9
18		10 226	Matt	REDMORE	MV40	Ilfracombe Running Club	01:55:53.4
19		1 73	Susan	DUNCAN	F	Weston Athletic Club	01:57:05.6
20		7 65	Andrew	DAVIS	M	Bude Rats (Run and Tri)	01:57:34.8
21		11 298	Thomas	WREN	MV40	(no club)	01:58:32.6
22		8 294	Matthew	WHITE	M		01:59:22.8
23		1 214	Paul	PERKIN	MV60	(no club)	01:59:31.0
24		12 138	Oliver	JONES	MV40	Bedford Harriers AC	02:00:06.4
25		13 63	Shane	DARWIN	MV40	Bude Rats (Run and Tri)	02:00:52.9
26		9 132	Simon	JENNINGS	M		02:01:40.4
27		14 133	James	JEWELL	MV40	Bideford AAC	02:03:08.4
28		10 34	Daniel	BUTTERWORTH	M	Riviera Racers	02:04:18.1
29		15 83	Graham	FEREDAY	MV40		02:05:32.9



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
30		1676	Jon	DYKE	MV40		02:05:55.4
31		17205	Hayden	OGBORNE	MV40	PureTrail	02:06:45.7
32		275	Carlton	D?SOUZA	MV50	East London Runners	02:07:18.7
33		3109	Steve	GUY	MV50	Wimborne AC	02:07:44.7
34		1113	Thomas	BALL	M	Bideford AAC	02:08:03.2
35		18275	Stuart	THOMSON	MV40	Mounts Bay Harriers	02:09:22.0
36		19182	Mark	MATHEWS	MV40	Forest of Dean AC	02:09:45.1
37		20190	Paul	MERCHANT	MV40		02:09:57.3
38		4285	Patrick	WAKELEY	MV50	Erme Valley Harriers	02:09:59.6
39		2171	Kim	LO	F	Haywards Heath Harriers	02:10:14.8
40		566	Charles	DAVIS	MV50	Bideford AAC	02:10:24.9
41		1243	Matt	CLAYDON	M	Town & Country Harriers	02:11:46.4
42		2127	Dave	IRVINE	MV60	Ilfracombe Running Club	02:13:02.3
43		2147	Matt	CLINKARD	MV40		02:13:42.8
44		3115	Clare	HARVEY	F		02:15:50.6
45		2264	Russell	DAVIES	MV40	Knowle & Dorridge RC	02:16:22.3
46		441	Lydia	CHEYNE	F	North devon Road Runners	02:16:37.8
47		1300	Gail	WALTERS	FV50		02:17:34.4
48		23206	Russ	ORAM	MV40	(no club)	02:17:35.9
49		13149	Dan	KINVER	M	(no club)	02:17:57.5
50		14104	Craig	GOODMAN	M	Wootton Road Runners	02:18:19.6
51		5110	Lamise	HARGREAVES	F		02:18:44.0
52		15221	Simon	PRITCHARD	M		02:19:58.2
53		2469	Steve	DEMMERY	MV40	Southville Running Club	02:20:00.1
54		16200	Sam	NEWELL	M	(no club)	02:21:48.7
55		6282	Louise	WADE	F	Great Western Runners	02:21:54.0
56		3293	Des	WHITE	MV60	Exmouth Harriers	02:22:03.7
57		17198	Frazer	MOUNTFORD	M	Newquay Road Runners	02:22:10.3
58		2234	Jane	ROSCOE	FV50	Portishead R C	02:22:32.1
59		6259	Nick	STURTRIDGE	MV50	(no club)	02:22:32.2



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
60		2561	Mark	DALLYN	MV40	Honiton RC	02:22:42.8
61		390	Sharon	FOX	FV50	Redditch Stars	02:23:11.3
62		4179	Jo	MANDEVILLE	FV50		02:23:25.5
63		22	Geraldine	ADDISON	FV40		02:23:48.9
64		749	Hayley	COATES	F	Saint Edmund Pacers	02:24:36.4
65		18276	Thomas	TRAPNELL	M		02:25:00.4
66		833	Amanda	BUTLER	F	Broxbourne Runners	02:25:03.5
67		7178	Andy	MACMILLAN	MV50	South West Road Runners	02:25:13.6
68		9265	Rachel	SYLVIA	F		02:25:25.7
69		3295	Sarah	WHITTAKER	FV40	Plymouth Musketeers Runni	02:26:45.7
70		1950	Mark	COATES	M	Saint Edmund Pacers	02:27:23.9
71		2639	Carl	CHAMPION	MV40		02:28:13.6
72		8158	Mark	LANGRILL	MV50	(no club)	02:28:51.5
73		9250	Richard	SHELDRAKE	MV50		02:30:04.4
74		2054	Craig	CORRY	M		02:30:07.3
75		10107	Amy	GRANT	F	Ilfracombe Running Club	02:30:07.5
76		2185	Samuel	FLETCHER	M	(no club)	02:30:11.1
77		10177	Sean	MACAULEY	MV50		02:30:30.4
78		27256	Matthew	STEELE	MV40	Teignbridge Trotters	02:30:43.3
79		4257	Rachel	STEELE	FV40	Maverick Runners	02:30:43.4
80		5208	Julie	PAYNE	FV50	Exmouth Harriers	02:30:45.1
81		2880	Chris	FALLON	MV40	(no club)	02:31:12.6
82		11242	Steve	SANDERS	MV50	Bideford AAC	02:31:41.0
83		1259	Graham	CRUMP	MV50		02:31:41.1
84		2272	Darren	DRAKE	M		02:31:44.8
85		5118	Catherine	HILTON	FV40	Sidmouth Running Club	02:32:54.0
86		13120	Malcolm	HILTON	MV50	Dartmoor runners	02:32:54.2
87		6279	Katrina	VENNER	FV40	(no club)	02:33:03.7
88		11216	Caoimhe	PETTINGELL	F	North devon Road Runners	02:33:07.5
89		2960	Robert	CURTIS	MV40	Bude Rats (Run and Tri)	02:33:21.8



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
90		2386	Paul	FLOYD	M		02:34:12.9
91		30297	Jonathan	WOOLDRIDGE	MV40	East London Runners	02:34:19.9
92		14271	Paul	THOMPSON	MV50	East London Runners	02:34:20.1
93		31172	Tony	LOGAN	MV40	Bridport Runners	02:35:37.5
94		6264	Jacqui	SWINNEY	FV50		02:36:20.8
95		121	Sarah	ADAMS	F	Exeter College running club	02:36:54.2
96		7210	Liz	PEACOCK	FV50		02:37:30.5
97		13201	Eleanor	NEWMAN	F		02:38:16.7
98		32116	John Paul	HEALY	MV40	East London Runners	02:39:10.6
99		8220	Maria	PRIMICERI	FV50		02:39:40.8
100		9183	Laura	MAWDITT	FV50	(no club)	02:40:02.6
101		15195	Garth	MORRIS	MV50	Ware Joggers	02:40:02.7
102		24217	George	PETTINGELL	M		02:40:22.2
103		3317	Ian	BAWLER	MV40	Running Forever RC	02:40:56.1
104		16249	Neil	SHELDRAKE	MV50	Razzer's Runners	02:41:05.9
105		17180	Don	MARSH	MV50	Bideford AAC	02:41:34.6
106		4286	Timothy	WALKER	MV60		02:42:15.6
107		14112	Chantal	HARP	F	(no club)	02:42:28.5
108		15258	Claire	STRONG	F	Bude Rats (Run and Tri)	02:44:04.4
109		7266	Lisa	TAME	FV40	Bude Rats (Run and Tri)	02:44:04.7
110		8114	Sarah	HARRIS	FV40	Weston Athletic Club	02:44:11.1
111		10134	Trudi	JOHNSON	FV50	Westbury Harriers	02:44:19.2
112		18163	Ian	LILLY	MV50	Plymouth Striders	02:44:34.7
113		11139	Sarah	JONES	FV50	Angels RC	02:44:40.3
114		16140	Emma	KAVANAGH	F	Chapel Allerton Runners	02:45:10.2
115		17162	Kirsty	LIGHTBODY-JONES	F	Bedford Harriers AC	02:45:15.1
116		19181	Paul	MARTIN	MV50	Plymouth Musketeers	02:45:22.1
117		2015	Paul	BARNES	MV50	Bradworthy Runners	02:46:05.3
118		34270	Simon	THOMAS	MV40	bootcamp ascot	02:46:08.1
119		5244	Richard	SCARR	MV60	Reading Roadrunners	02:47:08.6



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
120		999	Clare	GAYTON	FV40	(no club)	02:48:20.6
121		21 125	Robert	HUTTON	MV50		02:48:21.1
122		10 255	Rachel	SOUTHON	FV40	Run With Karibu	02:48:26.2
123		18 247	Emma	SHAPLAND	F		02:49:06.9
124		11 148	Sarah	KING	FV40		02:49:26.1
125		1 292	Alison	WHITE	FV60	Exmouth Harriers	02:49:29.0
126		12 169	Hayley	LIVESEY	FV40	Marlow Striders	02:49:29.4
127		12 117	Michaela	HILLMAN	FV50	Torrington A A C	02:49:44.9
128		19 89	Chloe	FOX	F	South West Road Runners	02:49:56.9
129		22 281	Ian	WADE	MV50	North devon Road Runners	02:50:04.6
130		23 230	Michael	ROBBINS	MV50	PACTri	02:50:12.9
131		13 25	Julie	BOX	FV50	Crediton Running Network	02:50:34.4
132		24 38	Rob	CARTER	MV50		02:50:36.9
133		25 267	Ben	TANCOCK	M		02:50:49.5
134		26 290	Iain	WHITAKER	M		02:50:51.7
135		13 174	Louise	LOWRY	FV40		02:52:11.1
136		35 218	Nick	PRESDEE	MV40		02:52:11.5
137		14 24	Helene	BOND	FV50	Crediton Running Network	02:52:45.8
138		15 154	Dawn	LAMERTON	FV50	Plymstock Road Runners	02:52:48.2
139		25 155	Ian	LAMERTON	MV50	South West Veterans AC	02:52:48.4
140		20 299	Rosie	PARSONS	F		02:53:46.5
141		16 289	Karen	WATSON	FV50	Bristol and West AC	02:54:50.5
142		14 6	Vanessa	ANDREWS	FV40	Weston Athletic Club	02:55:23.5
143		36 94	Sean	FRIEND	MV40	Storm Plymouth	02:57:10.3
144		15 152	Hazel	KURZ	FV40	100 Marathon Club	02:57:15.4
145		37 88	John	FOOTMAN	MV40		03:00:04.9
146		6 236	Vaughan	ROSSER	MV60	(no club)	03:00:14.3
147		26 129	Andrew	JEFFERY	MV50	Just Jog - Bideford	03:01:20.2
148		2 123	Faye	HUSSEY	FV60	Fit 2 Run	03:02:09.7
149		17 145	Felicity	KING	FV50	Fit 2 Run	03:02:12.2



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
150		16287	Merran	WATERS	FV40	Bideford AAC	03:03:06.5
151		2181	Sophie	FALLON	F	(no club)	03:03:16.9
152		3224	Leila	REAY	FV60		03:03:47.7
153		22239	Lucy	ROUTLEY	F		03:04:28.7
154		18185	Susannah	MCLAREN	FV50	East London Runners	03:04:39.7
155		1779	Dana	EYRE	FV40	Plymouth Musketeers	03:05:59.3
156		1914	Louise	BARNES	FV50		03:06:24.9
157		18263	Shaleen	SUMMERS	FV40	Weston Athletic Club	03:06:33.2
158		38194	Richard	MORLEY	MV40		03:06:58.8
159		39240	Tony	RUDD	MV40	Westbury Harriers	03:08:01.9
160		1982	Carol	FEE	FV40	Westbury Harriers	03:08:02.6
161		20186	Amanda	MEDLAND	FV40	(no club)	03:08:41.7
162		27272	Steve	THOMPSON	MV50		03:08:45.3
163		28228	John	RICHARDS	MV50		03:08:45.7
164		4268	Jacky	THEEDOM	FV60	Crediton Running Network	03:09:15.6
165		2384	Colleen	FINN	F	Bude Rats (Run and Tri)	03:09:32.3
166		21119	Karen	HILTON	FV40	Bude Rats (Run and Tri)	03:09:32.7
167		4053	Stuart	COLWILL	MV40	Bude Rats (Run and Tri)	03:09:32.7
168		22238	Claire	ROUSE	FV40	Honiton RC	03:09:53.8
169		20196	Nicola	MORRIS	FV50	Torrington AAC	03:10:02.8
170		23291	Jane	WHITCOMBE	FV40		03:10:41.2
171		24280	Kathryn	VOWLES	FV40		03:11:11.3
172		4197	Robert	GALE	MV40	Parc Bryn Bach Running Clu	03:11:45.8
173		2440	Sophie	CHAPMAN	F		03:11:47.0
174		25204	Lisa	OAKES	FV40		03:11:51.0
175		29203	Duncan	OAKES	MV50	MudCrew Running	03:11:51.3
176		2587	Samantha	FOOK	F	South Molton Strugglers	03:12:38.7
177		2695	Paula	FRY	FV40	Dorchester R.I.O.T.	03:14:26.6
178		2726	Dee	BROOKS	FV40	Dorchester R.I.O.T.	03:14:27.8
179		28101	Mags	GODDARD	FV40	Dorchester R.I.O.T.	03:14:29.0



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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
180		26 122	Melissa	HOUSTON	F	Southville Running Club	03:14:34.0
181		29 170	Bianca	LIZUT	FV40	Storm Plymouth	03:14:52.0
182		42 191	Mike	MERRIN	MV40	Storm Plymouth	03:14:52.5
183		30 105	Michelle	GORDON	FV40	Somer AC	03:16:10.1
184		5 241	Elaine	SAGE	FV60	Somer AC	03:16:10.5
185		31 27	Anna	BROWN	FV40		03:16:45.9
186		32 100	Lizzie	GAYTON	FV40	(no club)	03:16:45.9
187		27 121	Rebecca	HORTON	F	(no club)	03:17:29.7
188		33 199	Nic	MUNDAY	FV40	Bere Alston Trekkers	03:17:30.3
189		28 19	Angela	BEAUMONT	F	Just Jog Bideford	03:17:54.0
190		34 3	Sarah	ADNETT	FV40	Just Jog Bideford	03:17:54.6
191		35 130	Emma	JEFFERY	FV40	Just Jog Bideford	03:17:54.7
192		7 29	Paul	BURGESS	MV60	Frampton Cotterell Harriers	03:18:03.5
193		43 143	John	KENNEDY	MV40	(no club)	03:18:18.9
194		29 4	Keeley	ANDREWS	F		03:18:42.7
195		44 37	Neil	CARTER	MV40		03:18:42.9
196		36 141	Helen	KEEN	FV40		03:20:07.4
197		27 142	Tom	KEEN	M		03:20:08.0
198		21 147	Louise	KING	FV50	Plymouth Musketeers Runni	03:20:38.6
199		8 144	Bryan	KING	MV60	Plymouth Musketeers Runni	03:20:38.7
200		30 58	Ali	COX	F	Wootton Road Runners	03:21:05.8
201		37 111	Catherine	HARKNESS	FV40	Lady Runners of Cheltenha	03:23:47.5
202		38 156	Verity	LAMERTON	FV40	Just Jog - Bideford	03:23:47.6
203		31 222	Julia	READ	F		03:24:27.8
204		45 245	Mark	SCREECH	MV40		03:25:09.0
205		39 12	Louise	BALDWIN	FV40		03:25:53.0
206		40 197	Penny	MOSS	FV40		03:25:53.2
207		41 202	Rachel	NICHOLLS	FV40	Running Forever RC	03:26:10.1
208		46 10	Doug	ASHTON	MV40		03:26:29.1
209		22 212	Lesley	PEARCE	FV50		03:27:08.3



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210		30211	Henry	PEARCE	MV50	Unattached	03:27:08.3
211		23173	Marianne	LONG	FV50	Southville Running Club	03:28:24.1
212		47126	Matt	ILES	MV40	Kingswood Triathlon Club	03:28:24.3
213		32131	Laura	JENNINGS	F		03:28:56.5
214		2498	Tracey	GARLAND	FV50	Storm Plymouth	03:29:08.7
215		42137	Michelle	JONES	FV40	Storm Plymouth	03:29:14.6
216		31136	Martin	JONES	MV50	Storm Plymouth	03:29:14.7
217		43273	Suzy	THOMPSON	FV40	Fit 2 Run	03:30:12.0
218		25227	Alison	RICHARDS	FV50	Fit 2 Run	03:30:12.6
219		971	Richard	DODGE	MV60	Yeovil Town RRC	03:30:15.0
220		44150	Karolina	KODROWSKA	FV40		03:30:34.6
221		26215	Amanda	PERRY	FV50	South West Road Runners	03:30:38.8
222		4531	Sara	BUTCHER	FV40	Weston Athletic Club	03:31:06.4
223		27274	Rachel	THOMSON	FV50	Mounts Bay Harriers	03:33:13.3
224		3392	Haidee	FOY	F		03:33:53.4
225		34283	Hannah	WAILOO	F		03:33:53.8
226		3591	Emily	FOY	F		03:33:55.4
227		46246	Jo	SECKER	FV40	Leighton Fun Runners	03:33:55.4
228		28187	Elaine	MEDWAY	FV50	PureTrail	03:36:19.5
229		4736	Anne	CARTER	FV40	Bude Rats (Run and Tri)	03:37:07.1
230		36128	Asilah	JARRALD	F	Honiton RC	03:37:07.4
231		48159	Tj	LANGRILL	FV40	Crediton Running Network	03:38:28.2
232		49153	Patsy	LAMB	FV40	Frome and Country Off Roa	03:38:49.3
233		37277	Francesca	TUCK	F	None	03:38:49.7
234		48278	Robert	UPTON	MV40	Bedford Harriers AC	03:39:47.8
235		2942	Julia	CHURCHER	FV50	Bedford Harriers AC	03:39:48.1
236		655	Joy	COUZENS	FV60		03:44:38.5
237		3052	Tina	COLLINS	FV50		03:44:38.5
238		1166	Alan	LITTLEJOHNS	MV70	Launceston Road Runners	03:44:49.3
239		50167	Louise	LITTLEJOHNS	FV40	(no club)	03:44:50.1





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Position	Position by Category	Number	Name	Lastname	Category	Club	Chip Time
240		3178	Gill	ELLMER	FV50		03:46:06.2
241		51248	Alexandra	HAJOK	FV40		03:47:08.8
242		5220	Jennifer	BEECH	FV40		03:47:15.9
243		32284	Dinah	WAKELEY	FV50	Erme Valley Harriers	03:47:21.0
244		5311	Evie	BALDWIN	FV40		03:47:30.3
245		38207	Laura	PARSONS	F		03:50:04.5
246		33231	Rosie	ROOME	FV50		03:52:19.2
247		32175	Leo	LUNDY	MV50	100 Marathon Club	03:52:26.7
248		495	Simon	ANDREWS	MV40	Weston Athletic Club	03:52:58.0
249		5032	Steve	BUTCHER	MV40	Weston Athletic Club	03:52:58.3
250		7160	Kay	LAWLESS	FV60	Pontyclun Road Runners	03:53:42.7
251		33288	Gerard	WATSON	MV50	Staple Hill Runners	03:53:46.4
252		397	Helen	APPLEBEE	F		03:54:18.9
253		51254	Gary	SMITH	MV40	Rebel	03:56:54.1
254		28184	Lee	MCAFFEE	M		03:56:54.4
255		29106	Dan	GOWER-SMITH	M	Rebel	03:56:54.6
256		10260	Paul	STURTRIDGE	MV60	Bideford AAC	03:59:21.2